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An office required us to use medical grade Brand X foam spray and paper towels, on all equipment and chair. I have a headache and coughing. Is there research on what we MUST use as a disinfectant. Is this OK to use as a disinfectant? Thank you.

As a matter of policy, Ask OSAP does not review, evaluate, certify, recommend or endorse products. Ask OSAP is also not in the position to provide technical support for specific products. If you have further questions about procedures and specific products (i.e., surface disinfectant) it is recommended that you consult with the manufacturer's written instruction manual and/or contact the manufacturer of your product directly. The manufacturer's Instructions for Use (IFU) should be able to provide you with guidance on this matter.

Ask OSAP can provide you with some general information pertaining to surface disinfectants.

Surface disinfectants should always be used in accordance with the product manufacturer's instructions for use (IFU). If you have further questions about the use of a specific surface disinfectant product, it is recommended that you contact the product manufacturer directly.

On its website, the CDC states:

When used correctly, commercially available disposable disinfectant wipes, cloths, or towelettes are effective for cleaning and disinfecting environmental surfaces in dental settings. Any disinfectant used in a dental setting should be registered by the Environmental Protection Agency (EPA) and be approved for use in health care settings (i.e., hospital grade). Dental health care personnel should always follow manufacturer recommendations for use of cleaners and EPA-registered disinfectants (e.g., amount, dilution, contact time, safe use, disposal). Disinfectant wipes that you can buy at the grocery store are not EPA-registered and are not recommended for use in a dental setting. ¹

Resources

1) US Centers for Disease Control and Prevention. Cleaning & Disinfecting Environmental Surfaces.

<https://www.cdc.gov/oralhealth/infectioncontrol/faqs/cleaning-disinfecting-environmental-surfaces.html> Accessed on February 7, 2020.

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